

# Walnut Village News

Take a summer drive  
with us *“Over the river,  
on a bus, to Lewis and  
Clark Lake we go...”*  
Bus Trip planned for  
June 9<sup>th</sup> @ 4:00 PM

## WEDDING PHOTOS:

Bring your Wedding  
Photos to the monthly  
Birthday party  
Thursday June 25  
for “Show & Tell”

## June Birthdays

Stop in and wish

**Marcella Marek**

**HAPPY BIRTHDAY**

On June 25th

## June 2009 Events

Wed June 3 --12:30 pm Beauty Shop Day  
2:30 pm Residents Bingo

Sunday June 7-- 2:00 pm Movie

Tuesday June 9 – 10:00 am Worship  
4:00 pm Bus Trip

Wed June 10 --12:30 pm Beauty Shop Day  
2:30 pm Residents Bingo

Sunday June 11- -- 2:00 pm Movie

Wed June 17--12:30 pm Beauty Shop Day  
2:30 pm Residents Bingo

Sunday June 21-- 2:00 pm Movie

Tues day June 23--- 10:00 am Worship &  
Communion

Wed June 24 --12:30 pm Beauty Shop Day  
2:30 pm Residents Bingo

Thurs June 25<sup>th</sup> Monthly Birthday Party  
Bring your Wedding Photos

Sunday June 28-- 2:00 pm Movie

Every Wednesday -- 12:30 pm Beauty Shop Day

Every Wednesday -- 2:30 pm Residents Bingo

Every Sunday -- 2:00 pm Movie

Week-day Exercises -- 10:30 am by the pond

Week-day Coffee break—following exercises

Week-day Games -- 2:30 pm cards, dominos, Wii

Week-day Social time --7:00 pm in dining room

Watch the bulletin boards for Crafts, Special  
Activities, Massage Therapy & changes.



## Walnut Village

613 Walnut Street, Yankton SD

605-664-4220

WalnutVillageCare.com

If you want the monthly newsletter emailed to you, go to:

[www.walnutvillagecare.com](http://www.walnutvillagecare.com)

Click on “Contact us”

# May HAPPENINGS



Beth Preheim's

Violin recital

was held in the Great Room at Walnut Village. What beautiful music echoed thru the hallways, thanks to Beth and her students!

## Lyme Disease

Is an infectious disease and can be spread to humans by the bite of an infected tick. Lyme disease is named after the town where it was first discovered in 1975 - Lyme, Connecticut.

Symptoms Associated With Lyme Disease:

- Early localized stage of Lyme disease is characterized by a skin rash which appears from three days to several weeks after the bite. The small rash grows in diameter, becoming anywhere from two to 10 inches.
- With early disseminated stage, the infection spreads to the rest of the body in the weeks following the tick bite and may cause multiple skin rashes, fever, joint pain, muscle pain, headaches, possible heart and nervous system issues. Others may appear symptom-free.
- Late stage infection (months or years after onset) can lead to chronic arthritis or nervous system involvement.

## Tick Removal

Apply a glob of liquid soap or shampoo to a cotton ball. Cover the tick with the soap-soaked cotton ball and let it stay on the insect for a few seconds (15-20), after which the tick will come out on it's own and be stuck to the cotton ball when you lift it away.

**West Nile virus** ...is a potentially serious illness.

The easiest and best way to avoid WNV is to prevent mosquito bites. Many mosquitoes are most active at dusk and dawn. Be sure to use insect repellent and wear long sleeves and pants at these times or consider staying indoors during these hours.

- About one in 150 people infected with WNV will develop **severe illness**. The severe symptoms can include high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, vision loss, numbness and paralysis. These symptoms may last several weeks, and neurological effects may be permanent.
- Up to 20 percent of the people who become infected have symptoms such as fever, headache, and body aches, nausea, vomiting, and sometimes swollen lymph glands or a skin rash on the chest, stomach and back. Symptoms can last for as short as a few days, though even healthy people have become sick for several weeks.
- Approximately 80 percent of people who are infected with WNV will not show any symptoms at all.

## Welcome Back Kathleen Taget